



PARENT/PARTICIPANT EXCURSION CONSENT

EXCURSION INFORMATION

To obtain effective consent, Iron Armour Academy needs to provide sufficient information to parents/participants about the nature of and risks associated with the excursion. Parents/participants must be able to give informed consent to their child's participation in the excursion after considering the risks. Specific information about the excursion should be included here or provided as an attachment. There must be full disclosure. Parents should also be given the opportunity to ask questions.

Title of Excursion:

RECON CAMP 2019

Purpose of the program:

Development of the athlete through performance, skill and mindset development

Details of supervising staff:

Chris Aho, Rochell Aho, Marcell Puatura, Emma Putaura, As well as Development Coaches

Costs: \$300.00 per participant

Name and contact details of the 24-hour emergency contact:

ROCHELL AHO (Supervisor) – Contact No. 0401465807

EMMA PUTAURA (Supervisor) – Contact No. 0413314847

Departure details:

IAA HQ: 22 Drake Blvd, Altona: 30 September 2019, 8:30am

Return Details:

IAA HQ: 22 Drake Blvd, Altona: 2 October 2019, 2:30pm

Accommodation Location:

CYC The Island: 41-53 Church Street, Cowes, Victoria 3922 (Philip Island)

Distance from expert medical care:

900m (Cowes Medical Centre, 164 Thompson Ave, Cowes VIC 3922)

Travel arrangements:

Bus.

Activities to be undertaken or that may be offered to students throughout the program

Activities within this program present the potential for students to sustain physical injury. The following procedures will be implemented – along with other strategies – to manage the potential risks in the program:

Adult supervision ratios, First-Aid trained adults.

CAMP WHAT TO BRING LIST

- ☐ Shorts and t-shirts (no midriff tops)
- ☐ Sports wear/Training wear (3 days' worth)
- ☐ Jumpers and tracksuit pants
- ☐ Socks and underwear
- ☐ Warm jacket (winter only or cold nights)
- ☐ Three layers of warm clothing (winter only or for cold nights)
- ☐ Pyjamas
- ☐ Swim wear and/or rashie shirt
- ☐ Hat
- ☐ Two pairs of running shoes (one old pair to wear in the water)
- ☐ Toiletries (travel sized items), soap, lip balm and insect repellent (no aerosols)
- ☐ Deodorant (no aerosols)
- ☐ Two towels, One beach towel
- ☐ Pillow and sleeping bag
- ☐ Day backpack
- ☐ Paper, pens or pencils
- ☐ Plastic bags for dirty or wet clothes
- ☐ Medication (if required)
- ☐ Handkerchief or tissues
- ☐ Water bottle
- ☐ Thermals (optional)

WHAT NOT TO BRING

Aerosol cans (i.e. spray-on deodorant or insect repellent)
Mobile phones and other electronic devices (can bring with but during an activity they have to be handed in) Jewellery. Anything valuable.

We take no responsibility for the loss or damage to a client's personal property, including money or other valuable items.

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